



*To our leaders in Washington:*

It is the unfortunate reality that millions of workers in this country—over 28 million to be exact—are not provided with a single day of paid sick time. This lack of federal legislation forces them to make the tough decision to forgo a day of much needed pay, and even lose their job if they opt to stay home to care for themselves or their family, or to suffer through working while sick and potentially infecting others.

With the introduction of the Healthy Families Act (S.1664, H.R.3409) Congress has the chance to establish paid sick time as a permanent, national right for the majority of America's workers, joining many other nations who support this right. Fifteen states and dozens of jurisdictions already have passed [paid sick time policies](#) of their own—but the right to rest and recover from illness should be afforded to all workers, and it is time for a unified, federal law.

Passing the Healthy Families Act would support [employment rates](#), [public health](#), [businesses](#), and [economic security for working families](#), especially women who serve as the primary caregivers for their families and communities.

Paid sick day legislation is also [widely supported](#)—62% of Americans agree that businesses should be required to provide paid sick time to employees who are physically unwell, and 54% support paid sick time for those with mental health needs.

For the past two years, Theraflu has supported thousands of workers in America through its Rest & Recover fund by providing individuals who lack paid sick days with a day's worth of financial support—but we know this is not enough. Join Theraflu and the millions of individuals who support paid sick days, so we no longer have to be sick of working sick.

**We ask that you prioritize paid sick time legislation in the United States by supporting the Healthy Families Act, and that you publicly commit to its passage this Congress. It will save businesses and workers, support families, and create a healthier, more productive nation.**

Sincerely,  
Signatories